



FOOD MENU

OPEN
WEDNESDAY
&
FRIDAY
2025

order via the QKR App before 8.00am

HOT FOOD

1st and 2nd Break *

Garlic Bread (v)	\$3.00
Sausage Roll (Jumbo)	\$4.00
Macaroni and Cheese (v)	\$4.75
Spinach and Ricotta Rolls (v)	\$4.75
Chicken tenders (3 per serve)	\$5.25
Chicken tender, lettuce and mayo wrap	\$5.75
Tomato or BBQ sauce	\$0.50

SNACKS

Single piece of seasonal fruit	\$1.00
Boiled Egg	\$1.00
Carrot Sticks	\$1.00
Popcorn (pre-packaged)	\$1.25
Pretzels	\$1.25
Chips (honey soy/sea salt)	\$1.75
Cheese and Crackers	\$2.75

SUSHI

1st Break only**

Selection of single or twinpack	\$4.50 – \$8.00
Sushi Rolls with GF Soy Sauce	
(v) Options available	

SANDWICHES / SAVOURY

Build your own sandwich with the following ingredients:
FROM
Ham, cheese, tomato, vegemite, baked beans.
(Wholemeal bread only)

Toast your sandwich	\$0.25
Cheese and Bacon Scroll	\$3.25
Vegemite and Cheese Scroll (v)	\$3.50

BAKED

Vanilla Cupcake	\$2.25
Healthy choc slice	\$2.25
Choc Chip Cookie	\$2.50

DRINKS

Water	\$2.00
Plain UHT Milk	\$2.25
Poppers	\$2.50
Flavoured Milk	\$2.75
Krazy Lemonade	\$3.00

FROZEN TREATS

Fruity Ice (Max 2 pp)	\$1.00
Home Ice - cream Mango Bar	\$2.25
Raspberry Split	\$2.25
Mini Calippo (Raspberry/Pine)	\$2.50
Vanilla G Free cup	\$2.50

* = Not all items available in 2nd Break

** = Limited numbers

V = Vegetarian

Please place orders via the QKR App before 8.00am on the day, unless otherwise stated. All items are available on both breaks except for our hot food and Sushi unless sold out. Counter sales are not available.

Details of all ingredients on home-made items are on the QKR App. For any questions or concerns, please contact Rosetta via email on tuckshop@esspandc.com.au